

HOW DO I SUPPORT MY STUDENT DURING DISTANCE LEARNING?

1

Become an observer/guardian in their class.

Both Canvas and Google Classroom allow you to see what your students are learning and when assignments are due. Use this tool to remind them of due dates, help them stay organized, and stay informed on what they are doing in class.

2

Help them set up a routine for learning.

Routines provide students a structure in their daily learning. Doing schoolwork from home means students will have to set their own routines. Help them decide on a schedule, and then help them stick to it.

3

Create a productive workspace.

It is easy for students to become distracted while learning at home. Set aside a space for them in the home where they can be in "school mode".

4

Encourage them to take brain breaks.

If students work too long without a break, they will have a hard time staying focused throughout the day. Encourage your student to take short breaks to move around, exercise, and stretch.

5

Help them stay organized.

Your student will be managing schoolwork for many different classes with different due dates. Encourage your students to use a planner or daily to-do list. Help them organize assignments into digital folders.

6

Communicate with their teacher(s).

You and your student's teacher have the same goal - to support your student during distance learning. As your student's teacher will not be with your student physically, they will need your help to detect changes in behavior or possible issues your student may be having.

7

Check in with them on course progress.

It is possible that your student will become overwhelmed by everything they are expected to juggle while learning at home. If that happens, they may fall behind in their classes. Check in with your student periodically on how they are doing in their classes. Work with their teacher to help them catch up if they fall behind.

8

Talk with them about their experience.

Learning online will be a very positive experience for some students and very challenging for others. Talk with your students about what is on their mind, what excites them, and what they worry about. Reach out to your student's teacher if you need support.

