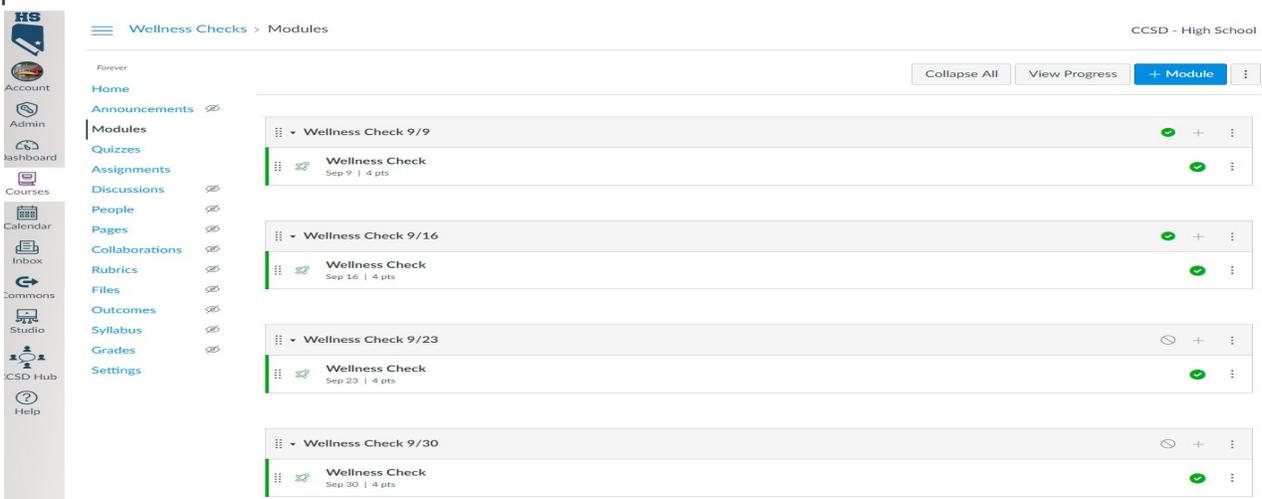


Wellness Checks Through Canvas

1. Create a Canvas course for each counselor named wellness checks and loaded in students on each counselor caseload.
2. Create a Quiz in canvas with the following questions:
 - a. Are there concerns that you have that might limit you in engaging in learning activities during distance education?
 - b. if yes, please list your concerns, if no please input N/A.
 - c. Is there anything that concerns you regarding your daily lessons?
 - d. If you answered yes, please list any concerns you have regarding your daily lessons, if "no" please type N/A
 - e. Are you in need of any supplies or groceries?
 - f. If yes, please let us know what essential supplies you would need, if no, please type N/A.
3. Set up the quiz to automatically grade students based on multiple choice questions. If the student responds in a manner that requires no additional assistance then the quiz will be scored as 100% if a student responds to a question as in needing assistance then the counselor will reach out at this point to determine a plan of action to help the student.
4. Create Modules for each week
5. Copy the quiz to each module
6. Send out information to parents and students when you want the quiz to be taken by each week. Let students and parents know that if students do not take the quiz that the school will be reaching out by phone and email.

7. 

The screenshot displays the Canvas LMS interface for a course titled "Wellness Checks" at CCSO - High School. The left sidebar shows navigation options like Home, Announcements, Modules, Quizzes, Assignments, Discussions, People, Pages, Collaborations, Rubrics, Files, Outcomes, Syllabus, Grades, and Settings. The main content area shows four modules, each containing a "Wellness Check" quiz. The quizzes are dated Sep 9, Sep 16, Sep 23, and Sep 30, each worth 4 points. The interface includes buttons for "Collapse All", "View Progress", and "+ Module".



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